

Introduction

Working at height is the major cause of workplace deaths and one of the most significant causes of workplace injury.

Who it is for

This course is for anyone who is responsible for those who work at height, or those who themselves work at height. This knowledge is equally relevant to those who carry out DIY at home.

Course aim

The aim of this course is to give you the relevant level of knowledge and understanding required in order to work in a safe manner where tasks involve working at height.

Course content

This online course covers the following topics:

Module 1

- Regulations and RIDDOR Reporting
- Explaining 'Working at Height'
- Responsibilities
- Considerations and Precautions
- CDM Regulations 2015
- The Duty Holder
- Planning Work
- Training
- Safety Measures and Protective Equipment
- Inspections
- Dangers to Consider
- Falling Objects
- Site Security

Module 2

- 5-steps risk assessment
- Safe use of ladders and step ladders
- Ladder Safety Checklist
- Scaffolding safety
- Guard rails
- Fall arrest equipment
- Safe use of lifting devices
- MEWP's (mobile elevating work platforms) safety
- Regulations- PUWER and LOLER
- HSE inspection checklist
- MEWP training

Course duration

The average time required to complete the learning is approximately **1.5 hours**, however the course is designed to go at the pace of the learner and can be completed in more time if needed.

Assessment

The online assessment for the course consists of **30 multiple choice** questions. In order to be successful, candidates must achieve a **75% (23 or above) pass mark** to obtain the certificate.

Certification

On successful completion of the assessment, the candidate will be able to print/save their certificate. In addition to this, an e.mail is sent to the candidate containing a link to the certificate. This is the simplest, most convenient way to achieve compliance. Also, a QR code has been added to the certificate, which can be scanned by a smartphone to establish the certificate's validity.

For further information relating to this or any of our online courses, contact:

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