

Display Screen Equipment (DSE) Awareness E-Learning Course

Duration - Average completion time is 30 minutes

Target Audience

This course is suitable for anyone who uses display screen equipment regularly at home or at work.

Course Description

Working intensively with display screen equipment for long periods of time can cause significant health problems such as:

- Eyestrain and visual fatigue
- Headaches
- Problems with arms, hands and wrists
- Back, shoulder and neck pain

This course has been designed to raise awareness of types of health hazards that can be associated with using DSE for long periods of time and looks at ways in which the risks to DSE users' health and wellbeing can be minimised.

Learning Outcomes

This course is comprised of 4 modules. On completion of the training the learner will understand:

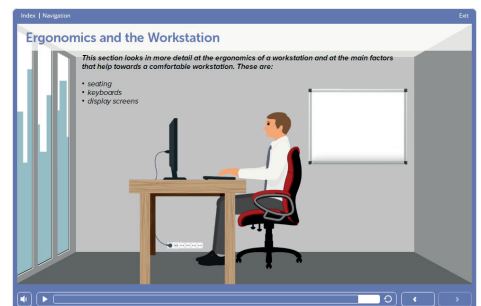
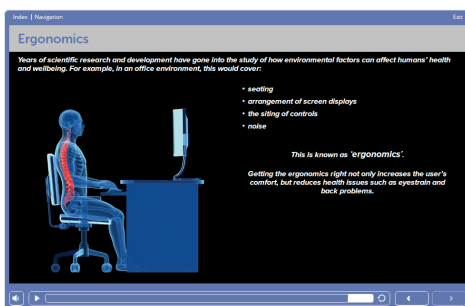
- Health hazards associated with DSE
- Ergonomics
- Avoiding eye strain
- Regulations
- Planning workstations
- Working with portable computers and appliances
- Assessing risks to health
- The environment

Assessment

Online assessment; 15 multiple choice questions. Pass mark 75%

Certification/Accreditation – CPD

On successful completion of the assessment, the candidate will be able to print/save their certificate. A QR code on the certificate can be scanned by a smartphone to establish the certificate's validity.



For further information relating to this or any of our online courses, contact:

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